



December 2017

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#### Sponsors

For sponsorship information contact us at Email: <u>browardwomensalliance@gmail.com</u>

#### **Contact Us**

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# "How did it get so late so soon?"

Dr. Suess

December seems to arrive earlier and earlier every year. The final 30 days of the year can motivate us to finish year-end projects, reflect on the past year's successes and bloopers, plan for the next year, and enjoy the holiday season at the same time! And of course, it is also the time to remember those less fortunate than us by considering our donations at the end of the year.

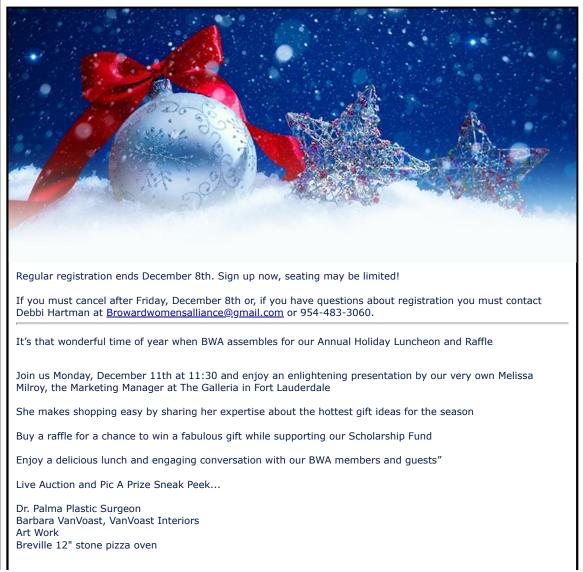
And what better way to help the BWA Scholarship Fund than by participating in the Dec. 11 Holiday Raffle? We have a wide variety of items this year and anticipate that there will be something of interest to everyone. See the shortened list below. We are hoping to make this a banner year for the raffle so be ready to join our efforts by bidding on your favorite items!

Again this year, Melissa Milroy of Galleria will show us some great ideas for those on our Holiday gift lists. Come join us on Dec. 11 to check them out.

Diana Plucienkowski, President

**President's Message** 

## Meeting Information



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## **Member Spotlight**

### Donna L. Goldstein aka "Dr. Donna"

Dr. Donna Goldstein, a 28-year veteran psychologist, and Certified Health Coach teaches a new way to eat and a new way to live, to help you live a healthier and abundant life.

Dr. Donna went from a size 16 to a 6 in seven months with no drugs or surgery and has maintained this 70 lb. weight loss for ten years. Having overcome a lifetime of struggle with her weight, she now teaches and inspires others. She has assisted over 2,000 people to lose weight and achieve more optimal health and vitality.

"Dr. Donna," who was recently named ABWA's Business Leader of the year in Health and Wellness, is an author and executive coach and is considered a leading authority on executive resilience, weight loss and optimal health and wellness. Her work on burnout prevention has been featured in Prevention magazine and on a PBS special. Recently, she was featured as a guest expert on weight loss and maintenance on ABC/Local 10 news, CBS4 Miami and in Holistic Health magazine.



Recognized for walking her talk, she has created a long-term lifestyle that works! Her clients lose more than 5,000 lbs. annually. She has also contributed to twenty-nine books, including 101 Great Ways to Improve Your Health with Dr. Joseph Mercola.





Kristin Padowitz- I earned my degree in Criminal Justice from the University of Central Florida where I was also a member of the Criminal Justice Honor Society. Subsequently, I went on to earn my law degree from Nova Southeastern University. While in law school, I was a member of the Florida Association of Women Lawyers and gained civil experience by working as a law clerk at the Florida Department of Transportation. Also during that time, I was a law clerk at the Broward County Guardian Ad Litem Office. My passion for criminal law was ignited when I was approved by the Florida Supreme Court to participate as a Certified Legal Intern at the Broward County Public Defender's Office. When my internship ended, I continued to volunteer my time with the Broward County Public Defender's Office until I was admitted to the Florida Bar in 1999 and hired as an Assistant Public Defender.

Having gained experience in civil practice as well as criminal defense, I had a desire to be a well-rounded lawyer. Because of that, I left the Broward County Public Defender's Office to become a prosecutor at the Broward County State Attorney's Office. During my time in the Broward County State Attorney's Office, I tried a range of cases in front of a jury from Capital Sexual Battery to misdemeanors, each helping to hone my skills as a trial lawyer. I was also honored to be recognized as the lawyer in the Broward County State Attorney's Office with the most trials in a year out of two hundred lawyers. I am

honored to be recognized as the lawyer in the Broward County State Attorney's Office with the most trials in a year out of two hundred lawyers. I am a present member of the Broward County Bar Association as well as on a Florida Bar Grievance Committee. I am a current member of The Weston Bar Association, Broward Women Lawyers Association, Federal Bar Association-Broward County Chapter, B'nai B'rith Justice Unit, and the Florida Bar.

In addition to my passion for practicing law, I have been involved in a variety of charitable athletic events and volunteered my time helping citizens of Broward County at the Broward County State Attorney's Office Seal and Expungement Program.

## **Member News**

UNCF - Broward County Mayor Beam Furr is the keynote speaker and Superintendent Runcie is also on the program. It's a corporate luncheon 11:30 AM – 1 PM, sharp. All are welcome –tickets can be purchased at the door \$100. It's pre-Holiday festive and fun.



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#### app4.actionlogic.com/events/index.cfm?OrgGUID=OT9000&Action=Emails&Option=View&EmailCode=MVW24068

ROCK THE DOCK PARTY - \$80 per person: This special party takes place on the Riverside Hotel's popular docks and marina. Not only perfect views as close as you can get to the water and viewing, the hotel includes a premium open bar and access to the special food trucks within a short hop. Great for anyone and must be 21 with a ticket to enter. The theme of the Rock the Dock will be JERSEY BOYS.

POOL DECK PARTY - \$80 PER PERSON: This hot party will energize everybody on the Riverside Hotel's pool deck. It is directly located on the New River and gives you fantastic opportunities to view the amazing boats. This party package includes a premium open bar and access to special food trucks within a short hop. Are you ready for a good time and please note you must be 21 with a ticket to enter. The theme of the Pool Party will be the BLUE MAN GROUP.

LAS OLAS STADIUM SEATING - \$35 per person: The hotel is so popular for viewing of this parade special bleachers are brought in with direct views only a few feet away from the New River. Great for families and groups, this option provides a terrific fun opportunity at an outstanding value. Food and drinks are available from the special food trucks that sell an assortment of delicious treats. The hotel theme for this area will be THE LION KING. Get your costumes ready!

Riverside Valet Services - \$30 per car. The hotel provides valet parking for the first pre-purchased tickets while available (Trust us, you will be very thankful that you did) If you prefer not to valet, the hotel has a large indoor parking garage right beside the viewing areas.

Can I pick up my wristband before the event day? Yes! Wristbands can be picked up at the Riverside Hotel Sales Office with a valid printed ticket Mon-Fri from 10 AM to 4 PM, December 4th until December 8th. ALL SALES ARE FINAL!



#### Free Arts! Family Days

The Art and Culture Center/Hollywood announces Free Arts! Family Days funded by a grant from PNC Arts Alive! Through this partnership, the Center will offer interactive arts activities, expanding upon the current Free Admission Day program offered for contemporary visual arts exhibitions presented on the third Sunday of each month.

#### Change Agents: Celebrating 10th Anniversary of Girls' Club

The Art and Culture Center/Hollywood will be celebrating the 10th anniversary of Girls' Club, an alternative space exhibiting contemporary art by women, with the exhibition Change Agents: Six South Florida Artists Making Things Happen. The show presents new works by artists from the collection of Francie Bishop Good and David Horvitz. The concurrent exhibit is Mottos, an exhibition raising social awareness by challenging preexisting stereotypes. The Opening Reception is on Friday, November 10, from 6-9 pm. Admission is \$10 and free for members. The exhibitions run through January 7, 2018.

On Saturday, November 18, from noon to 8 pm, the Girls' Club will host ConFab: A One-Day Practicum on How to Make Things Happen as an Artist. The day-long series of workshops and discussions are designed to inspire innovative strategies for producing and presenting artistic works and projects. ConFab will address how to access resources, collaborate, find your public, and re-boot and refresh one's career. The event concludes with a talk and Q&A session with Deana Haggag, Executive Director of United States Artists. The ConFab is included with the cost of admission to the Center.

## Save the Dates 2017 - 2018

## Events Calendar

January 8th - Aggie Pappas from Pace Center February 12th - Lorna Brown-Burton - Florida Constitution Changes March 12th - Returning Scholars April 9th - Keenya Robertson, Housing Opportunities Project for Excellence May 14th June 11th - Scholarship Awards \*Speakers and topic's subject to change without notice